STEPS TO FOLLOW



(3)



(4)

Make sure your name appears on the top left corner.

1. Now **Power on** the V-chek device.

2. Tap the “Connect” button .

STEPS TO FOLLOW

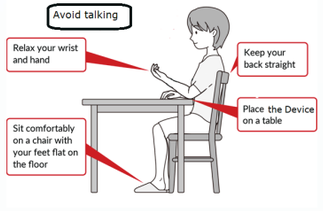


(5)

3. Wait for APP CONNECTED message on device. Now gently place Finger on the device.
4. Don’t lift finger till all 4 values are displayed OR background colour changes to GREEN on the APP.

Device turns OFF automatically.

THINGS TO REMEMBER



V-CHEK is clinically validated on age group of 22 to 89 years including Stage 2 Hypertension people.

TROUBLESHOOTING

1. **“finger error”/SpO2 not shown** : This often happens when the finger is too cold, especially during **winter**. Rub the finger and make it warm.
   Change the finger and try.
2. **Inaccurate Readings:** Ensure Finger touches the sensor and restart measurment.
3. **Bluetooth Connection Issue:** Restart both APP and device and try again;

   Though most of the brands compatible to Bluetooth connection, some brands or particular models may not be compatible.

Clinical trial results show Accuracy of ±5 to 8 mmHg when compared to Mercury Sphygmomanometer.

Individual results may very slightly when compared to different brands of cuff based monitors due to differences in device technology and performance variations. Additionally, factors such as Finger size and placement,skin tone can also influence your results.

BP like Heart rate is a dynamic measurment, it varies with time.

If you face any issue, call immediately
+91 984 555 4440/ 80738 14038

V-chek

Please read the manual in detail before using the device

Welcome to V-CHEK Cuffless Blood Pressure Monitor. This device allows you to measure your Blood pressure, Heart rate and Oxygen saturation levels accurately and conveniently.

Please Note

- If the device does not switched ON, charge for 4 hours.
- Use your mobile Adapter and USB A to C type cable(not USB C to C type cabke) for charging.
- During charging, the device may enter sleep mode.
- **To chek the charging status, press the power button – Display shows charging status**



Auto Off



USB Ato C cable



Use Right hand Index/Thumb

IMPORTANT

Calibration is necessary before using V-CHEK. To put it simply, calibration requires you to enter the value of your blood pressure (BP) into the V-CHEK app.

The purpose of this calibration process is to ensure accuracy.

For example, If your current BP value is 154/102 mmHg, enter the same value in the App. Do not round off.

You can create Multiple User Profiles.

General Instructions

V-CHEK operates in TWO modes:

- **APP** mode: You need to connect to smart phone. Mandatory to measure BP accurately and save data.
- Without connecting App, you can measures Heart rate and SpO2 accurately, but not BP. Practice in this mode to learn the device operation.

BEFORE YOU START

Charging Port →



← Power ON

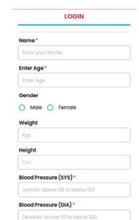
- Make sure your hands are clean and warm before use. If your finger feels cold, rub your hands together to warm it.
- A gentle touch is all that's needed. Don’t apply force/pressure.
- Keep the Finger straight in the finger placeholder.

HOW TO CONNECT

- Before starting, make sure Bluetooth has been ENABLED in your smart phone and it is NOT paired to any devices like headphone.
- Do not connect via phone’s Bluetooth direc tly. Connect via V-CHEK APP only.
- Watch the demo video on this App More -> How to Use

STEPS TO FOLLOW

(1)



(2)

1)Scan QR code to download V-chek App from IOS or Google play store.

2)Enter all your personal details and tap Login.